



1st Annual Church of the Assumption Wellness Fair

Stephen Peter Munson

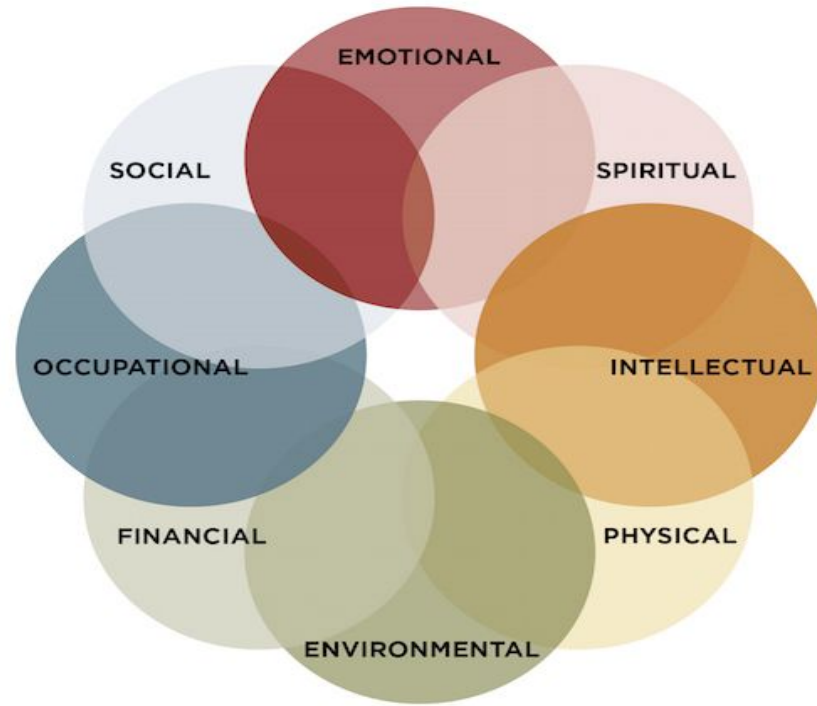


Purpose

The purpose of this Eagle project is to provide the community with a comprehensive event supporting Living a Healthy Wellness Lifestyle.

Why a Wellness Fair?

- I chose a Wellness fair as my project because this is the way I have been raised.
- Activity and proper nutrition is a requirement in our home.
- Taking care of your health is the most important thing for someone to do.
- Without your health, you have nothing.



WELLNESS

Eagle Project Team

My team will include:

- **Volunteers from scouting, family and friends**
- **Fr. Paul Cannariato, Pastor, Church of the Assumption, Emerson**
- **Jim Africano, Ken Hesse and Ed Ference and members of the NNJC Scouts with Special Needs/disAbilities Committee**
- **Dr. Steven Cascio, DC**
- **Rich Solimando, Emerson Fire Department**
- **Chantal Folkes, Northwest Bergen Regional Health Commission**

Leadership

Sub-teams of Volunteers will carry out each phase of this project:

- **Securing Exhibitors**
- **Securing Presenters**
- **Donations for supplies, etc**
- **Advertising**
 - **Print media**
 - **Social media**
- **Event day logistics**

Presenters & Activities

- **Community Blood Services, Blood Drive**
- **Bone Marrow Drive**
- **Organ Donation Awareness**
- **NNJC disAbilities Awareness Challenge**
- **Chiropractor, Steven Cascio**
- **Health Services**
- **Nutrition**
- **Yoga**
- **Martial Arts**
- **More to come**



3 Classrooms for activities or presentations

■ Welcome tables for Visitors

■ Space reserved for Activities/exhibits Such as Ambulance PD or FD

■ Driveway entrances Blocked

disAbilities Awareness Challenge

SCALE: APPROX. 1"=32'

THE VENUES

WHEELCHAIR BASKETBALL - Using either half-court or full court, eight scouts and their leaders will have the opportunity to play basketball in wheelchairs.

OBSTACLE COURSE - With a leg incapacitated, each member will negotiate over barrels, tires, and balance plank using crutches. Go up and down stairs using crutches.

MIND BENDER - Each participant will attempt to trace a shape using a mirror for reverse tracing, and write their name, in a simple attempt to replicate dysgraphia.

CANE MAZE - Using a white cane, scouts and their leaders will have the opportunity of walking a course blindfolded. A series of plastic pipe "curbs" will define the course negotiated by swinging the cane in a slow curved motion to "hear" the defined space.

HOME FRONT CHALLENGE - Participants will mimic daily living conditions through a series of problems challenging different senses including out of reach items, gloves to mimic numb hands to unwrap candy or writing, using a gripper for too high shelving, button oversized clothing with one hand.

DEPTH PERCEPTION EXERCISE - Participants will "fish" using one eye. Emphasis on lack of stereo "focus". Throw the bolo using one eye...

THE VOICE - Discussion of technology and the impact on the disabled

STAFF
disAbilities Awareness Staff

In cooperation with
the Stephen Munson
Eagle project
May 12, 2018
Assumption Academy
Emerson, New Jersey 07630

Jim Africano
dAC Program Coordinator - NN/CBSA

dAC staff nametags

In cooperation with the Northern New Jersey Council
Boy Scouts of America, Oakland, NJ
SCOUTING CHALLENGES YOU TO TASKS LISTED.

NAME: _____

<input type="checkbox"/> The "Voice" of dAC	<input type="checkbox"/> Cane Maze
<input type="checkbox"/> Mirror Trace	<input type="checkbox"/> Hand/Finger tactile
<input type="checkbox"/> Wheelchair BB	<input type="checkbox"/> Clothing
<input type="checkbox"/> Depth Perception	<input type="checkbox"/> Wheelchair Curb
<input type="checkbox"/> Dyslexia	<input type="checkbox"/> Crutch Obstacle

Participant: Attempt the challenge of all tasks.
You need to complete all events to be able to brag
that "no finish is to win!"

disAbilities Awareness Challenge
May 12, 2018 - Assumption Academy
Emerson, New Jersey 07630

In cooperation with the Stephen Munson Eagle project

dAC program punch card

In cooperation with the Northern New Jersey Council Boy Scouts of America, Oakland, NJ

dAC - Assumption Academy - May 12, 2018
165 Locust Street • Emerson, NJ 07630
Stephen P. Munson, Eagle Project Candidate
201-497-4224 • eagleprojectspm@gmail.com

Sample event schedule

Event hours 9am to 3pm

- **Blood mobile, exhibit hall and disAbilitites Challenge open for the duration of the event.**

Classroom schedule:

9:15am-10am 10:15am-11am 11:15-12pm 12:15pm-1pm 1:15-2pm

Once presenters have been booked, a schedule will be created and published.